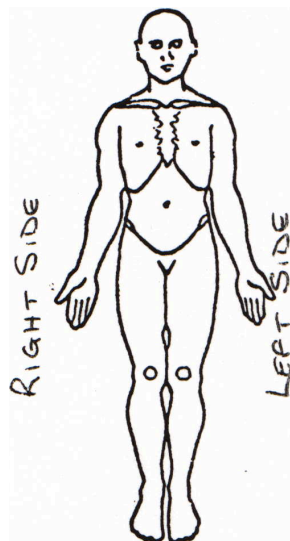


## PAIN/HISTORY FORM

Mark your area of most significant pain



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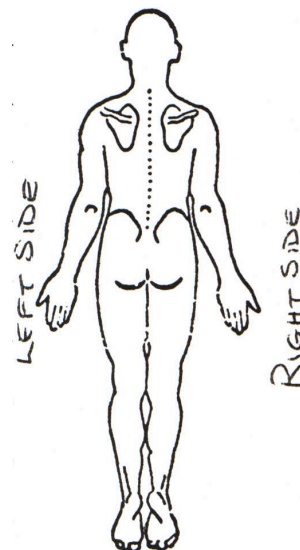
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**Do you have any history of orthopaedic injury or surgery?** \_\_\_\_\_ If yes, please explain

**Have you had Physical/Occupational/Podiatric Therapy or Home Health before?** \_\_\_\_\_

**If so, when?** \_\_\_\_\_ to \_\_\_\_\_ Your insurance may not cover you if you are still treating elsewhere

**Do you have:** Heart disease? \_\_\_\_\_ High Blood Pressure? \_\_\_\_\_ Diabetes? \_\_\_\_\_

Neurological problems? \_\_\_\_\_ Cancer? \_\_\_\_\_ Pacemaker? \_\_\_\_\_ Pregnant? \_\_\_\_\_

**Briefly describe how and when your pain began:** (example Tripped over curb on 2/12/2003)

**Is your pain:** Constant? \_\_\_\_\_ Comes and goes \_\_\_\_\_ Occasional: \_\_\_\_\_

**When is your pain the worst?** \_\_\_\_\_

**What do you do to relieve the pain?** \_\_\_\_\_

**Describe your pain:** Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Achy \_\_\_\_\_ Shooting \_\_\_\_\_

**Pain Medications** \_\_\_\_\_ **Allergies to medicine?** \_\_\_\_\_

**Does your pain wake you up at night?** \_\_\_\_\_ **Are you working?** \_\_\_\_\_

Estimate the pain you are experiencing during normal activities:

0 ---- 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 ---- 8 ---- 9 ---- 10  
No Pain Unbearable

100% ---- 90% ---- 80% ---- 70% ---- 60% ---- 50% ---- 40% ---- 30% ---- 20% ---- 10% ---- 0%  
Everyday functionality

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date